

Community Connections

The Avenues

Providing young adults with intellectual disabilities opportunities that promote independence, community inclusion and improve the quality of their lives.



Community Connections is a program of
The West Haven Community House



West Haven Community House
www.whcommunityhouse.org

Our services are offered year round to young adult's ages 18-21 years who are diagnosed as intellectually disabled. We accept referrals from local high schools.

Regular hours are Monday through Friday from 9am to 3pm.

We offer the following services and more:

- Transportation
- Evening Socials
- Family Support
- Community Outreach
- Behavioral Supports
- Client Advocacy
- Case Management
- Quality-Trained Staff

Individuals have daily access to:

- Computer lab
- SMART board
- Laundry appliances
- Full kitchen
- Physical fitness equipment

Staff qualifications and training include:

- CPR
- First Aid
- Dysphagia
- Abuse & Neglect
- Driver Safety

Community Connections

622 Campbell Avenue,
West Haven, CT 06516

To learn more about Community Connections, feel free to contact us:

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The Avenues is Designed To Increase Independence, Enhance Community Inclusion and Improve the Quality of Life for Young Adults with Intellectual Disabilities ages 18 - 21



The Avenues Program

The Avenues Program provides positive social interaction and enrichment for young adults to meet the ongoing and ever changing needs of youth with intellectual disabilities.

Individuals develop critical life skills through hands-on experiences as well as a skills-based curriculum.

We have the unique opportunity to work with both the individual and their families to explore the different avenues available as they transition to the next chapter in their lives.



Life Skills Activities

Individuals enjoy a variety of one-to-one, and group activities that focus on increasing skills.

- Computer Lab to enhance budgeting skills, Internet exploration and more
- Sports to increase teamwork, sportsmanship and hand-eye coordination
- Technology training to build communication skills
- Nutritional programs and physical activity to promote the importance of healthy living
- Arts and crafts to develop self-expression and to utilize all senses
- Meal preparation to increase self-reliance and independence
- Performance arts incorporating music and dance to build coordination and self-esteem



Community Skills Excursions

We offer community engagement opportunities to help prepare for independent living. Individuals will have the ability to develop critical skills through a hands-on approach.

- Travel training (bus, trains, taxi, planes)
- Visiting local restaurants to build social interaction skills, budgeting and communication
- Parks and beach outings to learn about health, the environment and safety
- Pre-vocational observation and exploration opportunities based on the interests of the individual
- Library visits to increase exploration on how to use resources located in the library and community