

At Community Connections, we provide individualized and meaningful enrichment opportunities that increase independence, enhance community integration, and improve the quality of life for people with intellectual disabilities.

Our services are offered to adults 18 years and older and diagnosed as Intellectually Disabled.

We accept clients from CT Department of Developmental Services as well as private-pay individuals.

We offer the following services and more:

- Case Management
- Client Advocacy
- Supportive Housing
- Cultural and Educational Day Trips
- Evening & Weekend Social Experiences
- Community Outreach
- Health & Nutrition Assistance
- Enhanced Community Integration
- Pre-Employment Vocational Skills
- Behavioral Supports
- Individual and Group Activities
- Hygiene & Medical Care Management
- Transportation and Mobility Options
- Med Certified Staff
- Representative payee function (Residential)
- Nurse Consultants (Residential)



Community Connections is located at  
622 Campbell Ave, West Haven, CT

SMILE Program is located at  
840 Boston Post Road, West Haven, CT

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# Community Connections

Providing adults with intellectual disabilities opportunities that promote independence, community inclusion and improve the quality of their lives.



Community Connections is a program of  
The West Haven Community House



West Haven Community House  
www.whcommunityhouse.org

# Our Services Are Designed To Increase Independence, Enhance Community Inclusion and Improve the Quality of Life for Adults with Intellectual Disabilities

## The Avenues - For ages 18 - 21



The Avenues program provides positive social interaction and enrichment for young adults to meet the ongoing and ever changing needs of youth with intellectual disabilities, with the emphasis on building life skills.

Individuals develop critical life skills through hands-on experiences as well as a skills-based curriculum.

## Day Service Option (DSO) - For ages 21+

Our DSO program provides positive social interaction and enrichment for adults who do not participate in employment programs.



Participants enjoy a variety of individual and group activities that focus on increasing skills to learn how to be as independent as possible in their home and

## Typical activities for these programs include:

- physical fitness
- cooking
- budgeting
- social skills
- volunteering
- gardening
- technology
- safety
- nutrition
- hygiene

## Seniors Maintaining an Independent Lifestyle Everyday (SMILE) - For Ages 50+



SMILE program is intended for retired or slower-paced individuals.

As health and medical advancements have helped these individuals, the

focus and scope of our services has evolved to meet the various needs of the aging population.

## Individualized Day (ID) - For ages 21+

Our ID program provides services that are tailored for adults who do not attend a day program, but would like a program built to their personal needs that achieve community inclusion, recreational enjoyment and skill building.



Services are provided in the individual's home, nursing facility or out in the community.

## Typical activities for these programs include:

- physical activities
- salon days
- pet therapy
- coffee hour
- mental acuity games
- art therapy

## Residential Services - For ages 21+

Our residential clients are provided with individualized assistance based on their needs. Support ranges from help with hygiene, nutrition and other tasks of daily living to assistance with more advanced skills, such as budgeting and social interaction.

Residents are encouraged to set individual goals and engage in recreational and social activities including trips and vacations. All of our residents attend a day service program that provides community activities or are employed in the community.

## Our residential services program includes:

### Individualized Home Supports (IHS)

This service is provided in the individual's home or out in the community. Staff support helps with learning ADL skills, recreational activities and transportation to medical appointments.

### Community Living Arrangement (CLA)

These homes vary in size from 3 to 6 residents and 24-hour staff support is provided.

### Continuous Residential Support (CRS)

These homes are usually where 2-3 apartments are grouped together and staff support is shared between the apartments.

