

Our services are offered to young adults ages 18 to 21 years who are diagnosed as Intellectually Disabled. We accept referrals from local high schools. Our staff is CPR and First Aid Certified.

To find out how to become a part of Community Connections, please feel free to contact us:

Marie Watson, BSW, MBA

Director of Community Connections
mariewatson@whcommunityhouse.org
(203) 931-4004 x204

Skyla Drader, LMSW

Program Manager, The Avenues
(203) 931-4004 x213
skyladrader@whcommunityhouse.org

We are open FULL YEAR Monday - Friday, 9am - 3pm

At Community Connections, we provide individualized and meaningful enrichment opportunities that increase independence, enhance community integration, and improve the quality of life for young adults with intellectual disabilities.

We offer the following services and more:

- Cultural & Educational Day Trips
- Evening Social Experiences
- Enhanced Community Integration
- Family Support
- Community Outreach
- Group Activities to Increase Independence
- Behavioral Supports and Client Advocacy
- Travel Training
- Community and Home Safety Skills
- Case Management Services

Community Connections is a program of
The West Haven Community House and is located at
622 Campbell Avenue, West Haven, CT 06516



West Haven Community House
Community Connections
www.whcommunityhouse.org

Community Connections

The Avenues Program

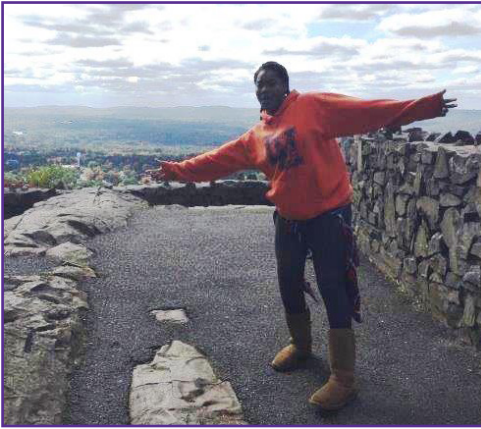


Providing young adults with intellectual disabilities opportunities that promote independence, community inclusion and improve the quality of their lives.



West Haven Community House
Community Connections

Our Services Are Designed To Increase Independence, Enhance Community Inclusion and Improve the Quality of Life for Young Adults with Intellectual Disabilities ages 18 - 21



The Avenues Program

Our program provides positive social interaction and enrichment for young adults to meet the ongoing and ever changing needs of youth with intellectual disabilities, with the emphasis on building life skills. Participants enjoy a variety of individual and group activities that focus on increasing skills and promoting independence in a supportive environment.

- Computer Lab enhances budgeting skills, coin counting, finance, colors, Internet exploration and more.
- Sports such as basketball, volleyball, bowling, etc. increases teamwork, sportsmanship and hand-eye coordination.
- SMART Board & iPad Technology improves skills through interactive learning
- Nutritional programs and physical activity promotes the importance of healthy living.
- Arts and crafts such as painting, drawing, sculpting utilizes all senses and develops self-expression.
- Cooking, using kitchen appliances and preparing simple meals increases self-reliance and independence.
- Performing arts incorporating music and dance builds coordination and self-esteem.

Community Outings

We offer a variety of meaningful opportunities and outings to enhance independence and preparation for adult life. By visiting local attractions, clients work on daily living skills in a natural environment.

- Dining out at local restaurants builds social interaction skills, budgeting and communication.
- Museum visits increase awareness of history, how things work and how to transform ideas into inventions.
- Parks and Beach outings offer opportunities to learn about health, the environment and safety.