



*The West Haven Community House presents the
6th Annual Family Fun Walk & Wellness Fair
along the Savin Rock Boardwalk
on Sunday, September 24, 2017*

Tips for Walkers

- Set a fundraising goal and ask everyone you know to sponsor you: family, friends, co-workers, teachers, classmates, neighbors, etc.
- ALL walkers are encouraged to raise a minimum of \$100 in pledges. You will be surprised how quickly you raise \$100; ask 5 people for \$20, or 10 people for \$10, or 20 people for \$5, and so on.
- Use this handy “How to Raise \$200 in a Week” tool:
 - Day 1: Start by registering yourself for \$25
 - Day 2: Ask three family members to donate \$20 each
 - Day 3: Ask four friends to donate \$10 each
 - Day 4: Ask five co-workers/classmates to donate \$5 each
 - Day 5: Ask your boss/teacher to match your co-workers’/classmates’ donations
 - Day 6: Post on social media asking friends to donate \$5 or whatever they would have spent on coffee or a snack that day
 - Day 7: Share your success with your team, family and friends!
- Pledges can be made online or you can download pledge forms. This is a pre-paid walk so please collect all of your donations prior to walk day.
- Ask for support face-to-face, by e-mail and/or through social networking sites like Facebook & Twitter.
- Like us on Facebook and share the Family Fun Walk event page with friends to get pledges. Here is some sample Social Media Posts: (Don’t Forget to Post the Link to the Website)
 - I’m participating in the Family Fun Walk on Sunday, September 25th. Please support me and my team (*indicate Team Name*). Any amount will help.
 - I want (*name of Team*) to win the prize for the BIGGEST team at the Family Fun Walk on Sunday, September 25th. Join me and others to help support the West Haven Community House.
 - What has two legs and is walking for a great cause on Sunday, September 25th?? ME!!! Please support (*name of team*) for West Haven Community House’s Family Fun Walk.
 - In the time you’ve spent on Facebook today, you could have made a donation to a great cause. It doesn’t take long, and you’ll lose no time in your Facebook activities. Help me to support (*name of team*) in the Family Fun Walk on Sunday, September 25th.