



Saturday, September 22, 2018

Savin Rock Conference Center
Registration: 9:30 Kick-off: 10:30
Music Festival: 12:00pm - 7:00pm

Tips for Walkers

- Set a fundraising goal and ask everyone you know to sponsor you: family, friends, co-workers, teachers, classmates, neighbors, etc.
- ALL walkers are encouraged to raise a minimum of \$100 in donations. You will be surprised how quickly you raise \$100; ask 5 people for \$20, or 10 people for \$10, or 20 people for \$5, and so on.
- Use this handy “How to Raise \$200 in a Week” tool:
 - Day 1: Start by registering yourself for \$25
 - Day 2: Ask three family members to donate \$20 each
 - Day 3: Ask four friends to donate \$10 each
 - Day 4: Ask five co-workers/classmates to donate \$5 each
 - Day 5: Ask your boss/teacher to match your co-workers’/classmates’ donations
 - Day 6: Post on social media asking friends to donate \$5 or whatever they would have spent on coffee or a snack that day
 - Day 7: Share your success with your team, family and friends!
- Donations can be made online or download donation form on the “Make a Donation” tab on the event’s website. This is a pre-paid walk so please collect all of your donations prior to walk day.
- Ask for support face-to-face, by e-mail and/or through social networking sites like Facebook & Twitter.
- Like us on Facebook and share the Rock & Stroll event page with friends to get donations and encourage your friends to walk with you. Here is some sample Social Media Posts: (Don’t Forget to Post the Link to the Website)
 - I’m participating in West Haven Community House’s “Rock & Stroll” on Saturday, September 22nd. Please support my team and I (*indicate name of team*). Any amount will help.
 - What has two legs and is walking for a great cause on Saturday, September 22nd? ME!!! Please support my team and I (*indicate name of team*).