Nearly 200 attend the Family Fun Walk event benefitting West Haven Community House

West Haven, CT (Oct. 17, 2014) – The 3rd annual “Family Fun Walk & Wellness Fair” benefitting the West Haven Community House attracted nearly 200 walkers who took part in fun activities under bright, sunny skies on Oct. 5, while also raising significant funds for the agency’s programs serving residents of the greater West Haven area.

Continuing a tradition begun in 2013, the walk featured a variety of fun activities along the route that included the Savin Rock Boardwalk. Afterward, a Health and Wellness Fair was held at the Savin Rock Conference Center where a special raffle also took place. Major sponsors of the event include the Tariq Farid Foundation, Dave McDermott Chevrolet, Eder Bros., and the University of New Haven.

West Haven Mayor Ed O’Brien joined Community House Board President Stacie Phan and Events Committee Chairperson Katie Heffernan in welcoming walkers, who warmed up to Zumba dance provided by Beyond Fitness. The West Haven High School’s Dance Team and Cheerleaders, along with WPLR radio station were on hand to pump up the volume and get the crowd ready for the walk.
After team pictures were taken, walkers set off to the various activity stations along the walk route that included hopscotch, Simon Says, trivia, cork darts, bean bag toss, spoon egg walk, potato sack hop, wheelchair obstacle course, limbo stick, jump rope and spelling bee.

More than 60 volunteers helped at the event including University of New Haven (UNH) students from various clubs and organizations including members of the track and field team, Sigma Chi Fraternity and the Circle K Club who assisted with the activities along the route. Students from Notre Dame High School as well as members of our Board of Directors and staff were also on hand to help. “It takes a lot of people and coordination to set up the various activities along the route as well as organize the wellness fair, raffles and register the participants”, said Kathy Hart-Jones, Director of Marketing & Special Events. “We are so appreciative of the outstanding support and cooperation from so many volunteers” she continued.

All proceeds from the event are used to benefit the West Haven Community House and its programs including Head Start pre-school, day and residential programs for adults with disabilities, and before and after school Child Care programs.

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