November 20, 2014 -- Last week West Haven Community House (WHCH) held its 4th annual “Minute to Win It” family game night where nearly 200 children and their family members participated in the challenging games and activities based on the popular television show of the same name.

The event was held Nov 13 at the Italian-American Club, free of charge to students enrolled in its school age programs and is a collaborative tradition with Southern CT State University (SCSU) students as part of a hands-on community class project.

Under the direction of Deb Smith, a professor in SCSU’s Recreation and Leisure Studies Department, the event was organized and coordinated by students Chris Jeanette, Joey Lindbarger, Caitlin Munson and Nell Reinwald. Robert Brisson, their enthusiastic emcee, led the event that included seven activities designed to test the participants’ hand-eye coordination and agility skills. Contestants, young and old, took part in a high-energy Zumba warm-up session by members of Beyond Fitness before teams competed in the 60-second challenges with prizes given out to the winners of each game.

“This is my favorite time of year when all our students and their families, including siblings, parents, and grandparents, get together to break bread and have fun together playing games and enjoying each other’s company,” said Carol James, WHCH’s School Age Programs Director. “The Southern students did a tremendous job again this year and our kids and families really enjoyed themselves.”

The Community House’s School Age programs help working families by providing a safe and creative atmosphere for their children before and after school. The program offers fun individual and group activities and meaningful learning experiences to students in Kindergarten through sixth grade at West Haven sites including Carrigan, Forest, Mackrille, Molloy, Pagels, Savin Rock, Seth Haley, and Washington.

For more information about West Haven Community House and the services they offer, please contact (203) 934-5221 or visit them online at www.whcommunityhouse.org.