Dear Families,

We miss you all more and more as the weeks go by! No doubt, families may be feeling the stress of the current world situation. On Friday, the State of Connecticut Department of Children and Families (DCF) announced a new resource for families, the Talk It Out Line, which was created to offer help with the stress and increased needs of adults, resulting from caring for children during the pandemic. Trained professionals will listen and speak with parents and caregivers who are in need of emotional support, and will direct them to the appropriate resources.

Talk It Out Line (833)258-5011  Mon-Fri 8:00 AM-8:00 PM  Weekends/Holidays 1:00 PM-8:00 PM

Wednesday, April 22, 2020 is Earth Day!

Earth Day is celebrating its 50th Anniversary! This day is celebrated globally to raise awareness of how we can care for our amazing earth by conserving natural resources and by reducing, reusing and recycling the household items we use. Take time with your family to celebrate the beautiful and amazing world around us!

Suggestions for Learning At Home This Week

**Literacy:** “Children are made readers in the laps of their parents.”  Read together every day!  
Suggested online books: The Earth Book by Todd Parr and Why Should I Recycle by Jen Green

Our Letter of the Week is R. Make the letter R and encourage your child to copy it. Ask your child to find things around your home that begin with R. Please continue to support your child to practice writing their name (and other letters of the alphabet) every day! “Reduce, Reuse and Recycle” is an Earth Day slogan-emphasize the “R” sound when saying these words with your child, and explain the importance of each word, in connection with helping conserve our natural resources and keeping our earth clean!

**Math:** Sorting is an important mathematical skill. Gather several food containers and have your child sort them into piles of paper, plastic and aluminum (cans). Reinforce the importance of recycling during this activity. Have your child count the items in each pile and write the numbers; have them tell you which pile has more items in it and which pile has less.

**Art:** Go for a Nature Walk, and ask everyone what they see and hear in the world around them (birds singing, blue sky and fluffy clouds, tall trees, waves and sand at the beach). Ask everyone to share what they enjoyed the most on your walk. When you are at home, create a family mural - invite everyone to draw or paint what they saw on a large sheet of paper and hang your masterpiece in your home for everyone to enjoy!

**Gross Motor:** Invite your child to toss empty plastic bottles into your clean recycling bin outside-have him/her stand close to the bin and take a step back each time they throw-see how far they can move away from the bin and still get their bottle in! Have fun playing together!

Wash your hands, cover your sneezes and coughs, stay home and remember—we love you!

Miss Sheila    Miss Lydia    Miss Diana    Miss Jessica