Dear Families,

We hope everyone is continuing to stay healthy during this time away from school. Please continue to practice handwashing with your child on a daily basis.

**Gross/Fine Motor Activities:** A great activity you can do with your child involves bubbles. Your child can chase bubbles and try to pop as many as possible. While chasing them they have to run, jump, zig zag and move in ways that require sudden shifts in balance and weight. This activity will help your child build gross motor skills. Another gross motor activity you can do with your child is called “Crab Walking”. All your child needs to do is sit on the floor (feet in front of them and arms behind them with fingers pointing forward). Then your child will lift their hips off the floor and start “walking” forward by moving alternating arms and legs (left hand-right foot, right hand-left foot). This activity will help with bilateral coordination, core stability, and strength.

**Literacy Activities:** Play word games with your child to help them experiment with sounds, letters, and words. You can play “I Spy” and say things such as “I spy something that starts with T” or “I spy something that rhymes with ‘duck’.” If that is a challenge for your child, you can add more details, like “I spy something that starts with the letter ‘T’ and has four big wheels” (a truck). Another activity you can do is go on a “Print Hunt” with your child. Come up with a list of letters (such as the letters in your child’s name) or simple words your child recognizes. Give your child the list and a bag and tell them to fill it with things in your home that have that letter or word printed on it. To help your child get started, show them how they might find the letter “A” for example on a shampoo bottle, on a can of beans in the cupboard, or on a crayon box. When your child brings you their full bag, go over what they found and compare it to the original list.

**Math Activities:** You can do a dinosaur themed counting came that will help teach size comparisons. Using sidewalk chalk, draw a few T-rex foot prints. Ask your child to guess how many of their feet might fit inside one giant dinosaur print. After your child made their guess, have the, stand inside the footprint and trace their foot until the dinosaur footprint outline is completely full. Then start counting and see how close their guess was. You can go on a rock hunt with your child. Gather a nice pile of rocks together of four or five different sizes categories and have your child sort the rocks by sizes. You can also have your child sort the rocks by color.

**Art Activities:** An art activity you can do with your child is to make a “pet rock”. Go outside with your child and have them pick a rock. Wash the rock, then have your child paint or color it with markers. Encourage your child to draw eyes and a mouth and give their new “pet” a name.

**Online Resources/Songs:**

- **Storyline Online (Recorded Read Alouds)**
- **Games/Reading (PBS Kids)**

Hope these activities give you some ideas of how you can help your child to continue to learn at home. Stay well and be safe!

Miss Sandy-Miss Alexa-Miss Kaitlyn- Miss Huriye