Greetings to our 1400B families. We hope everyone is healthy and safe. During this difficult situation make sure you spend some extra time just to sit, talk, and listen to your child/children. Many young children don’t truly understand what is going on in the world and some extra hugs and affection will help them feel more secure. I think we all would like love at this point.

The teachers at Head Start will continue to post weekly newsletters so be sure to check not just our classroom, but all them. There are many great ideas and activities to keep your child learning, creative, and active.

A couple new websites for story time are stories.Audible.com. This site has audiobooks for every age. Another is Storyworks Jr, which also has bilingual stories. Remember reading is an integral part of learning. Please try and read daily for at least 15 minutes. Please have your child continue to write their names and identify letters. You can choose a specific letter and have them look at magazines, books, food labels to identify.

An activity you can do inside or outside is frog hopping math. Using paper plates, write the numbers 1-10 and place them randomly on ground. Say a number and ask child to hop on it. This is a great way to identify numbers as well as be active. You can also do this activity with shapes. Using paper, cut shapes such as triangle, square, circle, oval, rectangle, diamond and ask child to jump on a shape.

Something your child can do to express creativity and imagination is sponge painting. Cut the sponge in shapes and have child paint with various shapes. Ask them to make their favorite animal with the sponges. Take a walk outside and collect small rocks. Your child can decorate them with markers, crayons, paint.

The weather is getting warmer and Spring is in full swing. While there are many places we cannot go, you can still take a walk, just distance yourself from others. You can play with your child in the yard, let them ride their bike or scooter on the sidewalk. Being in the fresh air is healthy for everyone.

We miss all of you very much and hope to see you soon! Miss Beth and Miss Ashley