Hello 1400B families. Miss Ashley and I hope your families continue to remain healthy and safe during the ongoing pandemic. Please remember to keep practice social distancing and remind your child to wash hands frequently and cover their mouths when coughing, sneezing. Routines are beneficial to everyone to reduce stress and uncertainty. This is especially true for our young children as they don’t truly understand what is happening in the world at the moment. Try and keep your children’s meals, bath, and bedtimes as close to normal as possible. Be sure to also make time to just have fun together inside and outside. Below are some activities, resources for your family this week. As always, please feel free to look at the other classroom newsletters. We are all in this together and we will get through these difficult times!

**Science – Lava Lamp Experiment.** Place ½ cup water in a container, add few drops of food coloring. Break an Alka Seltzer tablet in pieces and place them in another container. Fill a glass about ¾ full with vegetable oil, then pour colored water until about an inch from the top. Let your child drop piece of tablet in liquid one at a time. *(Adult Supervision Required)* The water and oil don’t mix and creates blobs of color floating around in glass. When bubbles pop, you can see the colored blobs fall to bottom of the glass. Your kids will be amazed by this experiment!

**Literacy – Connect the Dots Activity.** Good old connect-the-dots gets revamped when you write a handful of repeating letters in random patterns down a length of paper. Kids can connect the letters in any way they like, so long as all of the G’s are connected to the other G’s, and so on. You can place the letters in an order so they make an animal, flower, car, etc. This activity promotes letter recognition and fine motor skills.

**Math – Sorting by color and size.** Have your child sort socks. They can match pairs together by color. They can place them on floor from small to big/big to small. Once they are together, ask them to count the pairs by color. How many white pairs? How many black? Are there any striped socks? Any other colors? You can also do this with beads, candy (M&Ms, etc.)

**Gross Motor – Balloon Volleyball.** Blow up some balloons and encourage child to hit the balloon back and forth with someone. **Color Tag.** Ask your child to find an object by color, run to it and tag. This is an ideal outdoor activity to run and release a lot of energy.

**Art – Coffee Filter/Paper Plate Rainbows.** Cut a paper plate in half. Place a coffee filter on top of plate. Using water colors model to your child how to paint colors of rainbow. Red, orange, yellow, green, blue, purple. If you don’t have water color paint, crayons are a perfect substitute. When dry, you can tie a string or yarn to hang rainbow in the window.

*Miss Ashley and I miss everyone very much. As always, we will remain in touch. I understand it may be difficult to speak on the telephone so please feel free to contact me via my personal email, baprates@comcast.net  Stay safe and healthy*