Hi 1400B families. Hope you are all doing well and staying healthy. As Connecticut begins to ease restrictions, please remember to adhere to the guidelines that are in place. Continue to practice social distancing and wash/sanitize hands frequently. When in public remember to wear a mask or face covering. If you think you or a family member has come in contact or has symptoms, please contact your physician for guidance.

Here are some activities for you and your child/children to keep their minds and bodies active.

**Literacy – Beginning Sounds.** Point out ways words begin or end. Compare words that start with the same sound. For example, tomato and taco. Ask: “Tomatoes and tacos begin the same way. Can you hear the t in tomato and taco?” **Letter Search.** Point out words on signs, in books, magazines, etc. Have your child find their first letter of their name wherever you may go. You can also use first letter in last name.

**Math – More or Less game.** Put ¼ water in one cup, ¾ in second. Ask your child which cup has more, which has less? **Counting game.** Place household items such as stuffed toys, cars, coins, rearrange the objects and ask to count again. You can add more or take some away based on their skill level.

**Science – Ivory Soap Experiment.** Unwrap a bar of Ivory soap (Only use Ivory). Have child hold the bar of soap and describe it. Smooth or rough? Heavy or light? What shape is it? Ask your child if they think it will sink or float. Have them place soap in a bowl of water to see what happens. Next have them place soap on a microwavable plate. Ask them what will happen to soap in microwave? Will it shrink or get bigger? Place soap in microwave on plate. Turn microwave on for 90 seconds. Take out and show your child. The soap will have expanded and foamy. Children may “Play” with soap in the sink once it cools off.

**Motor Activities and Fun – Kite Flying.** If you don’t have a kite, you and your child can make a homemade one and have fun at the park or beach flying it. Have relay races with your family. Ride bikes together, enjoy nature. Inside, using various arts and crafts make a collage together. Have your child practice cutting paper with scissors (fine motor dexterity). Make a balance beam with wood planks or rope. This can be done inside or outside. Have a scavenger hunt. The weather is getting nicer by the day. Please take time to enjoy it with your child. Kids love playing outside and it is a great stress reducer for everyone. Especially during these times.

*We miss all of you very much! Stay safe and healthy. Miss Beth and Miss Ashley*