Message from the Director

Dear Families,

A very warm hello to everyone!

These are indeed unprecedented times to which we are all trying to adjust, stay healthy, safe and remain positive and supportive of one another.

A great heart felt thank you to all of you who are essential workers and helping to sustain and bring us back as close to possible to normalcy. Our essential workers have given us a whole new perspective on who we define as Heroes and Heroines.

CYS Staff are missing their students very much. When schools and program closed we had no idea it would be for such a length of time. There were a lot of family events planned along with our Annual Multicultural event where all our sites joined together to celebrate. We are trying to find other ways to celebrate one another and reach out with love and positivity and maintain the connection between staff children and families.

Teachers at each site have their own personal way of connecting depending on available resources and information. Staff have forwarded letters which have been sent out via email. Staff who had access to addresses and telephone numbers have mailed, letters, cards and video messages. They have been thrilled to receive responses from students and families.

We want to encourage and cheer our students on with their new way of learning on Google Classroom, which I am sure has presented some adjustments and/or challenges. We also want to encourage them to continue to use their imagination, be creative, be readers, be scientists, be engineers, be artists, be fit etc. Teachers are posting links and ideas for FUN educational hands on experiences and resources, most of which can be achieved with common household items that are stocked away in the cupboard. Have fun and please share any pictures, messages or ideas with us.

Stay safe, well and positive!

Warm regards,

Carol James

Children & Youth Services

Program Director
Hello to all students and families!!

We hope that you are all hanging in there and doing the best you can. I would like to share some resources I’ve come across you may find useful. I know that the kids have work that they’ve been assigned but these may help with that, as well as give them a more fun approach.

It’s important to get the kids moving and luckily there are some amazing and fun resources online. Go noodle has fun brain breaks for kids of all ages and YouTube has many just dance songs where you learn each dance. For even more fun join your kids they love seeing adults do these silly dances with lol! You can also search yoga and calming exercises to help children wind down or deal with possible stress because of this whole situation.

Also, remember this is a great time to teach basic life skills like cleaning, cooking, sewing, etc!

Please don’t hesitate to reach out if you have any questions or need more ideas.

It would also be fun to do a Zoom meeting with all the kids if they wanted to!

We miss you all and hope everyone is happy and healthy :)

Sincerely,
Mrs. Heather and Mrs. Tam

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123homeschool4me.com
This site has lots of free printable worksheets for kids to work on.

ixl.com
It is a great site to keep their skills up, that has online learning and practice tests for all subjects including math, language arts, science, and social studies.

kidsactivities.blog.com
This site has lots of fun things to do including virtual trips to Galapagos Island, Yellow Stone National Park, and Ancient Greece! Students can also tour the US Space and Rocket Center, get a live look at Mt. St. Helens Volcano, or watch polar bears in the Arctic Tundra of Canada.

kids.nationalgeographic.com
This has all sorts of exciting information on animals and nature including games, quizzes and videos on.

mathgames.com
This site has cool activities, games and Worksheets to help make math more fun.

mommypoppins.com &. sciencefun.org
They have great at Home experiments and videos on how to do them!
Hello Family and Friends,

We hope that you all are doing well and staying safe! Mrs. Lori and I miss spending time with each and every one of you. We hope that you guys are still having fun, laughing, and spending quality time with your families. Here is a playlist of fun mindfulness activities that you can practice at home with your families. We look forward to seeing you all soon!

Love,
Ms. O & Ms. Lori

Go Noodle You Tube
https://youtu.be/bRkILioT_NA

Go Noodle
https://www.gonoodle.com

More Fun Physical Activity Resources

Free Karate Classes Online
https://www.karateoc.com/online/

Balloon Challenge
https://www.wevideo.com/view/1614427122?
fbclid=IwAR0jPiqlF01QG3Kn8EoqFKYNUhUC4uhDhetSye_XbhNEAD9iJd9TRlR7I

Fitivities
http://www.fitivities.com/homeschool/
Pagels Site

Hello Pagels Family,

We hope that you are all safe and healthy. The staff misses you all dearly. As we all know the importance of social distancing at this time. We miss seeing your beautiful smiles. We want to provide you with a few resources to keep your child(ren) on track with their education. I have included a few websites that we have found useful and informative.

As we all know academics are very important but please don’t forget to make time for daily physical activity with your children. It can be yoga or simply going outside kicking a soccer ball around. Daily physical activity is vital for young children.

We hope to see you all very soon. Please continue to stay safe and healthy.

Sincerely, Pagels Staff
Mrs. Mandee, Ms. Ida, Ms. Sam,
Ms. Gabby, and Ms. Zairra

Community Resources:

As we are all depending on technology a little more than usual. There is a greater need for WiFi. Xfinity is offering families a discounted fee for WiFi services.

United Way/211 has received Federal Funding to help families who are affected by the Covid-19 Pandemic. Please get more information at https://www.211ct.org.
Washington Site

Dear students and families,

I hope you are all being good and staying safe. I miss you all and can’t wait to see you again in our before and after school program. I hope you are being creative and engaging in projects at home. Don’t forget to recycle and reuse any materials at home such as card boxes to make parking garages, restaurants, basketball courts, buildings or anything you like. I am also sending you some fun activities you may like to do at home. I hope you might like them and try to do them at home with your siblings or parents. I will get to see you soon hopefully and we will get to finish this school year together. I hope you will enjoy these activities and make them with ingredients you may have at home. These are the activities, ooblek, homemade finger paint, and play dough. Have fun, but please ask your parents for help.

Love, Miss Oumayma

HOMEMADE FINGER PAINT

2 tablespoons of sugar
1/3 cup of cornstarch
2 cups of cold water
¼ cup of clear dish washing liquid
Food coloring

Mix the sugar and the starch in a small pan, and then slowly add the water.
Cook over a low heat, stirring until the mixture becomes a smooth almost clear gel (about 5 minutes)
When the mixture is cool stir in the dish washing liquid.
Scoop equal amounts into containers and stir in the food coloring

OOBLEK

2 cups of corn starch
1 cup of water
Food coloring about 10 drops - optional
Bowl or plastic container
Measuring cup and mixing spoon

Combine the cornstarch and water - the mixture could be thick so use your hands.
Add the food coloring if you want and mix again with a spoon.
Use your hands if you want to mix the color.
If you want to mix the color in you can wear gloves if you don’t want the dye to stain your hands.

NO COOK DOUGH

1 cup of all purpose flour
3/4 cup of salt
¾ cup of hot water
Food coloring

Combine the flour and salt in a medium bowl and then add the hot water and stir well. Knead on a lightly flour surface for about 5 minutes working in a few drops of food coloring.
The dough will keep for up to 1 week in the refrigerator if kept in plastic bags or containers.
More Fun Resources

Stamford Museum & Nature Center Remote Learning Opportunities

https://www.stamfordmuseum.org/remote-learning/

Join on their Facebook page daily at 10AM and 2PM for live, interactive classes led by environmental educators. Explore trails, meet animals, participate in nature trivia, and more.

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<thead>
<tr>
<th>DATE</th>
<th>DAY</th>
<th>10:00 AM</th>
<th>2:00 PM</th>
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<tbody>
<tr>
<td>4/6</td>
<td>Mon</td>
<td>Farming by the Numbers</td>
<td>Heckscher Farm Baby Check-in</td>
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<td>4/7</td>
<td>Tues</td>
<td>Science Crafts from Home</td>
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<td>Wed</td>
<td>Meet the Cattle</td>
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<td>Ecosystems: Temperate Forest</td>
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<td>4/10</td>
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<td>Animal Adaptations (Spanish)</td>
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<td>4/11</td>
<td>Sat</td>
<td>Rocks &amp; Minerals</td>
<td>Vernal Pools</td>
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<td>4/12</td>
<td>Sun</td>
<td>Rotten Log Hotel</td>
<td>Heckscher Farm Tour</td>
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<td>Wed</td>
<td>Heckscher Farm Birds</td>
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<td>What is a Fossil?</td>
<td>Life Cycles</td>
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<td>Fri</td>
<td>Nature Storytime</td>
<td>Happy 1st birthday Moana party!</td>
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<td>4/18</td>
<td>Sat</td>
<td>Pollinators</td>
<td>Honey Bee Installation (weather permitting)</td>
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Scholastic Learn at Home Resource

https://classroommagazines.scholastic.com/support/learnathome.html

Free daily courses for PreK though grade 6 and higher